

Pre-Conference Workshops Day One - Sunday, May 2, 2010 - 9:00a.m. - 12:00p.m.

Believing the College Dream Part 1

Presenter: Vicki Whebbe, Program Director and March Kessler, Executive Director, ECMC Foundation

Abstract: Believing the College Dream is a curriculum guide that supports teachers, counselors and community organization staffs in their work to increase the expectations of attending college by 5th through 8th grade low-income, first-generation, college-bound students. The lessons and workshops strive to prepare students and their families for successful transitions along the academic pipeline from elementary school through middle school, high school and on to postsecondary education.

Audience: Gaining Early Awareness for Readiness for Undergraduate Program(GEARUP), Educational Talent Search, Upward Bound, Administrative Support, Coordinators, Counselors and Directors; Must also attend afternoon session

Holistic Mentoring 101

Presenter: Dr. Rebera Elliott Foston, M.D., M.P.H., D.Min., M.A.T.S., Foston Institute of Holistic Mentoring

Abstract: Too many young people today are suffering from an “*Addiction to Hopelessness*”. This addiction manifests itself in many unacceptable ways including poor school performance, alcohol and drug use, poor retention rates etc. This workshop will examine the psychological, sociological and theological roots of this addiction. It will allow the participants to briefly experience this hopelessness before being introduced to Holistic Mentoring as a treatment. Because Holistic Mentoring demands that the mentor be more whole than the mentee, this workshop will also allow participants to determine their own degree of “wholeness”. Finally, it will demonstrate how to recognize the most common personalities that make “Mentoring Misfits”.

Objectives: By the end of this workshop each participant will be able to:

1. Describe the addiction to hopelessness
2. List the psychological, sociological and theological roots to this addiction
3. Explain the concept of holistic mentoring
4. Describe at least ten of the most common personalities that make Mentoring Misfits.

Audience: All

Pre-Conference Workshops Day One - Sunday, May 2, 2010 - 1:00p.m. - 4:00p.m.

Believing the College Dream Part 2

Presenter: Vicki Whebbe, Program Director and March Kessler, Executive Director, ECMC Foundation

Abstract: Believing the College Dream is a curriculum guide that supports teachers, counselors and community organization staffs in their work to increase the expectations of attending college by 5th through 8th grade low-income, first-generation, college-bound students. The lessons and workshops strive to prepare students and their families for successful transitions along the academic pipeline from elementary school through middle school, high school and on to postsecondary education.

Audience: Gaining Early Awareness for Readiness for Undergraduate Program (GEARUP), Educational Talent Search, Upward Bound, Administrative Support, Coordinators, Counselors and Directors; Must have attended morning session

Holistic Mentoring 102

Presenter: Dr. Rebera Elliott Foston, M.D., M.P.H., D.Min., M.A.T.S., Foston Institute of Holistic Mentoring

Abstract: This workshop will allow participants to take an in-depth look at Adolescent Psychology and Development. It will examine the three distinct phases of adolescence and the effects of losses during these phases. The development of the addiction to hopelessness is preceded by signs and symptoms of depression that are often overlooked or misdiagnosed. The participants will be introduced to the atypical symptoms of depression in this age group. Finally, through a clinical simulation, the participants will holistically mentor a male and a female student in crises. **PREREQUISITE:** Holistic Mentoring 101

Objectives: By the end of this workshop each participant will be able to:

1. Identify correctly the three phases of adolescence
2. Identify 25 atypical symptoms of teenage depression
3. Assess potential gaps in adolescent identity development
4. Holistically mentor a youth in crises

Audience: All; Must have completed Holistic Mentoring 101

Pre-Conference Workshops Day Two - Monday, May 3, 2010 - 9:00a.m. - 12:00p.m.

Holistic Mentoring 103

Presenter: Dr. Rebera Elliott Foston, M.D., M.P.H., D.Min., M.A.T.S., Foston Institute of Holistic Mentoring

Abstract: Everyone has heard of the popular African adage, “It takes a whole village to raise a child.” Participants in this workshop will see that it takes an entire village to raise, educate, or holistically mentor a child. This workshop will demonstrate how to strategically involve the whole village in the holistic mentoring process. The participants will analyze the strengths of their own programs and identify four program enhancement strategies. They will also identify the essential linkages to other community agencies to complete their specific GRID (Gathering Resources for Identity Development) **PREREQUISITE:** Holistic Mentoring 101, Holistic Mentoring 102

Objectives: By the end of this workshop each participant will be able to:

1. Correctly identify the strengths and weaknesses of their own program
2. List at least four strategies to improve their program
3. Design a least two gender specific activities that would enhance their program
4. Complete a GRID for their specific community

Audience: All; Must have completed Holistic Mentoring 101 & 102

Conference Workshops Day One - Tuesday, May 4, 2010 - 10:15a.m. - 11:45a.m.

Directorship of More Than One Program: Strategies for Success

Presenter: Ms. Jean Karutis, Director TRiO/Bridge Programs, Fulton Montgomery Community College

Abstract: Trio legislation states: "The Secretary shall encourage coordination of programs assisted under this chapter with other programs for disadvantaged students...regardless of funding source" in effect, opening the possibility of Directorship of multiple programs. This workshop will explore the pros and cons of directing multiple programs, the pitfalls to watch out for and the strategies it takes to be successful. Coordination between program staff, budgeting tactics to maximize available funding sources and allowable sharing of resources will be explored. Directors and prospective Directors of multiple programs will leave this workshop with greater understanding of coordination of programs and sound approaches to make it a successful experiences for themselves, their staffs and most importantly their students.

Audience: All Directors

HEOA Impact on TS Program Design & Delivery of Services Afternoon

Presenter: Ms. Elizabeth Retamozo, Executive Director, NOSOTROS Education Center

Abstract: Improve the quality and impact of your UB/UBMS project through the development of an internal evaluation plan that incorporates both project-developed goals and the external standardized objectives. A discussion and review of sample internal project goals will also be provided. Learn the features and components of an appropriate external program evaluation and review the format and findings of an actual report.

Audience: Educational Talent Search Directors, Coordinators, and Counselors

How TRiO and Schools Join Forces to Create an Infrastructure of Lasting Student Achievement

Presenter: Dr. Ray Broderick, Cambridge Educational Services

Abstract: This session demonstrates how TRIO and schools join forces to create an infrastructure of lasting student achievement. Trio must educate middle and high school educators in the need to translate student data into instructional strategies resulting in mastery of College Readiness Skills. Trio can help implement research-based models using rigorous supplemental curriculum and student data to obtain mastery of skills at all ability levels. Successful achievement models show rigorous preparation must start in 6th grade with college readiness skill growth occurring through 11th grade and beyond.

Audience: All Directors

I.C.A.R.E. System Approach to Engage, Enlighten and Empower Students

Presenter: Dr. Carolyn M. Banner, Director, Student Support Services, University of South Carolina Salkehatchie

Abstract: Using the I.C.A.R.E. system, staff members will be able to capture and evaluate students' needs upfront prior to program enrollment. This method will allow staff members to gather valuable information critical to students making informed decisions regarding career choices.

Audience: Student Support Services

LiTRiO: TRiO Lite

Presenter: Ms. Shirl Doherty, TRiO SSS Learning Services Coordinator, Fulton-Montgomery Community College

Abstract: TRiO students need the time between classes to lighten up, but Student Support Services staff needs the time between classes to provide enlightenment. Learn about our solution to that dilemma: LiTRiO facilitates discussion on a wide variety of subjects during the campus “common hour” or mid-day break. Learn how we cover money management, study skills, stress relief, campus controversies, or transfer options in a lighter format while encouraging student buy-in.

Audience: Student Support Services

Mobilizing the Village: Creating Successful Partnerships with School Districts, Community Organizations, Government, and the Academy for the Success of Pre-College Populations

Presenter: Mr. Anthony J. Plonczynski, Assistant Director, Pre-College Programs, University of Rochester

Abstract: Creating successful partnerships with school districts, community organizations, government, and the Academy for the success of precollege populations. This workshop will look at the importance of developing successful partnerships with groups, organizations, and agencies in the community to support and enhance pre-college programs. Using the pre-college programs at the University of Rochester as a model, the workshop will outline successful practices, working relationships, and partnerships as ways to get districts, government agencies, and community agencies involved in the complete education of pre-college youth.

Audience: All Directors

Conference Workshops Day One - Tuesday, May 4, 2010 - 3:15p.m. - 4:45p.m.

The Best Selling TRiO Data Management and Technology Planning Software Tool

Presenter: Ms. Elizabeth Retamozo, Blumen Trainer

Abstract: This presentation will demonstrate why BLUMEN is the first choice of over 1400 TRiO programs for over 17 years. BLUMEN Software helps you manage your data, create Annual Performance Report and facilitates other TRiO activities through effective Technology Planning. BLUMEN is the most economical software solution with the most efficient tools. Come and see how you can use BLUMEN to create unlimited reports, log group contacts, create picture ID cards, send bulk email and prepare Annual Report with a click of a button. Who should attend - All TRiO professionals looking for a simple and effective software to manage their data and generate the Annual Report with least amount of money and effort.

Audience: All

The Council for the Advancement of Standards in Higher Education (CAS) and TRiO's Self Assessment Guide (SAG)

Presenters: Dr. Loretta Hauser, Retired Students Support Services Director, Iona College and Dr. Elliott S. Palais, TRiO Director, Fordham University

Abstract: Evaluation is essential to determine if we are accomplishing our stated mission, goals and objectives and insure the successful operation of our programs. With greater emphasis on accountability, it is imperative that program directors and staff develop and conduct an evaluation of their operations. CAS has been the pre-eminent force for promoting standards in student affairs, student services, and student development programs since its inception in 1979. CAS has developed sets of Self Assessment Guides (SAGs) specifically designed for the 40 CAS member organizations that make up the Council; the TRiO Programs are one of those organizations. This session will introduce you to CAS and the essentials of the TRiO SA, why they are designed for TRiO and how to evaluate your program.

Audience: All

Multiple Intelligences: Finding Your Inner Strengths For Learning And Reaching Your Dreams

Presenters: Dr. Fernando Perez, Associate Professor of Academic Enrichment and Director and Dr. Barbara L. Miccio, Associate Professor of Academic Enrichment and Learning Counselor, Student Support Services, East Stroudsburg University

Audience: This interactive workshop will explore these eight intelligences that include linguistic Intelligence, logical-mathematical intelligence, spatial intelligence, bodily-kinesthetic intelligence, interpersonal intelligence and natural intelligence.

Participants will get the opportunity to learn and demonstrate how to utilize these techniques to teach a vast amount of things by utilizing each of the eight intelligences. Participants will have the opportunity to practice new innovative ways to teach and learn in ways that utilizes the student's unique minds. In addition to the interactive exercises, there will be a PowerPoint presentation, handouts, assessments, and a question and answer period.

Audience: Educational Opportunity Centers, Student Support Services, Upward bound Counselors and Directors

Right on the Money: Creating a Successful Financial Literacy Program

Presenters: Ms. Katharine Glenn, TRiO-SSS Staff Coordinator, Ms. Courtney Walton, TRiO Academic Skills Coordinator & Ms. Monica Buriello, Counselor, Paul Smith's College

Abstract: In our current economy financial literacy education is more relevant than ever, and for most programs it is also a required service. Financial Literacy education may sound boring to students and complicated for your staff to implement, but it doesn't have to be! This workshop will discuss how one TRiO Student Support Services program at a small private institution in New York created a comprehensive financial literacy component that involves peer mentoring, online learning, a customized money management website, financial aid counseling and Grant Aid scholarship incentives. Information on creating your own financial literacy model will be provided.

Audience: Educational Opportunity Centers, McNair, Student Support Services, Educational Talent Search, Upward Bound Coordinators, Counselors and Directors

Structured Cohort Learning: The Power of the Seminar

Presenter: Ms. Charlana Simmons, Assistant Director of College Programs, University of Rochester

Abstract: Student success on multiple levels has always been a goal of TRiO. The question becomes, what is the best way to contribute to this success across large groups of students. For the past 10 years here at the University of Rochester we have utilized the cohort seminar system. This system places each incoming McNair cohort into a seminar series together. Each academic year students are enrolled in credit-bearing courses that are designed to prepare students for graduate school application, entrance, and successful completion. Through this model each cohort is dually supported, first by our program and, second by their peers, which makes them more successful academically, and in graduate school application and completion process.

Audience: McNair, Student Support Services Coordinators and Directors

Conference Workshops Day Two - Wednesday, May 5, 2010 - 10:15a.m. - 11:45a.m.

The Kearns Center Model: Advancing First Generation, Low-Income, and/or Minority Students While Successfully Navigating the Culture of the Academy

Presenter: Mr. Anthony J. Plonczynski, Assistant Director, Pre-College Programs, University of Rochester

Abstract: The workshop will look at how pre-college and college programs can work together to serve students at different levels of the pipeline. Founded in 2002, the David T. Kearns Center at the University of Rochester offers opportunities to first generation, low-income, under represented minority students to both enhance their education and give back to their communities. Taking an in-depth look at the development of the center, the workshop will outline the successful practices, working relationships, and partnerships as models on how to engage institutions to be more active partners in developing and supporting students.

Audience: Directors

Reach Them in the Cloud: A Practical Methodology for Online Math and Science Tutoring

Presenter: Mr. Ben Smith, Math Services Advisor - SSS, Binghamton University

Abstract: “It's too far away!” “I'm embarrassed around other students.” “I don't want to walk all the way there.” “It's freezing out – there's snow!” “I'm quarantined in my room with H1N1.” For anyone who manages tutoring services, these reasons for non-attendance are familiar. The presenter provides a model of low-to-no cost “internet tutoring” for one of the biggest problems nagging math and science tutorial programs: How to provide quality service when the student can't come in. Online tutoring is a potential solution for students with social disorders, mobility issues, and ADD/focus issues.

Audience: All

Upward Bound Internal & External Program Evaluation

Presenter: Ms. Elizabeth Retamozo, Executive Director, NOSOTROS Education Center

Abstract: Improve the quality and impact of your UB/UBMS project through the development of an internal evaluation plan that incorporates both project-developed goals and the external standardized objectives. A discussion and review of sample internal project goals will also be provided. Learn the features and components of an appropriate external program evaluation and review the format and findings of an actual report.

Audience: Upward Bound

Urban African American Male High School Students Educational Aspirations and the Influence on Family, School and Peers

Presenter: Dr. Kimberly Grieve, Director of TRiO Programs, Lourdes College

Abstract: This session will examine the influence of family, school, and peers on the educational aspirations of 60 urban African American male high school students attending two Midwest high schools. Participants completed an in-class survey regarding educational aspirations, family, school, and peers. Three significant factors relating to educational aspirations of urban African American male high school students were discovered. The analyses revealed that financial support and support from teachers, counselors, and peers were the significant predictors of educational aspirations for these students. This session will provide time to discuss how TRiO programs can and do assist in increasing college aspirations.

Audience: Educational Opportunity Centers, Student Support Services, Upward Bound Coordinators, Counselors and Directors

When "Chatspeak" Is Not Acceptable: Getting Your Students Ready for the Professional World

Presenter: Ms. Herma Volpe-van Dijk, Associate Director, McNair Scholars Program, The College at Brockport

Abstract: Our students are growing up in an ever-expanding digital world. They often communicate by texting, twittering and using sites like Facebook, all of which limit their direct interaction with academe and business professionals. Thus, their successful transition to the professional world, which is still inhabited by many people who did not grow up on-line, can be impeded. This presentation will focus on helping your students build professional communication and conduct skills that are necessary to be successful while in still college but also when they join the professional/academic world.

Audience: Directors

Conference Workshops Day Two - Wednesday, May 5, 2010 - 3:30p.m. - 5:00p.m.

As You (TRiO) Say Goodbye, We (EOP) Say Hello

Presenters: Ms. Sophea C. So, Academic Coordinator, Ms. Latasha S. Craig, Senior Counselor, The College at Brockport

Abstract: Student success on multiple levels has always been a goal of TRIO. The question becomes, what is the best way to contribute to this success across large groups of students. For the past 10 years here at the University of Rochester we have utilized the cohort seminar system. This system places each incoming McNair cohort into a seminar series together. Each academic year students are enrolled in credit-bearing courses that are designed to prepare students for graduate school application, entrance, and successful completion. Through this model each cohort is dually supported, first by our program and, second by their peers, which makes them more successful academically, and in graduate school application and completion process.

Audience: All

Exceeding Outcomes Through Increased Participation and Strategic Partnerships Services

Presenter: Ms. Joann Santos, Director, Collegiate Science & Technology Enrichment Programs (CSTEP) and Co-PI of STEM Projects, Monroe Community College

Abstract: Funded through a grant from the New York State Education Department, the Collegiate Science and Technology Entry Program (CSTEP) has been successful with increasing the numbers of historically underrepresented and underserved individuals in science, technology, engineering, mathematics, health and licensed professions in New York State. A deep and rewarding journey, CSTEP's success can be attributed to its statewide and local partnerships and its innovative recruitment and retention practices. This workshop offers insight to building and fostering strong partnerships, engaging and retaining students; allowing participants to develop a strategic plan for increase partnerships that will support their programs.

Audience: GEARUP, Student Support Services, Educational Talent Search, Upward Bound Administrative Support, Coordinators, Counselors, and Directors

Find Your Common Ground: Link Diverse Campuses Together to Stretch Budgets and Expand

Presenters: Ms. Carol Kissam, Director, CSTEP/McNair, Ms. Sarah E. Todd, Coordinator, CSTEP/McNair, St. Lawrence University, and Ms. Marjorie Warden, Director, CSTEP/McNair & Ms. Tammy McGregor-Twiss, Assistant Director, CSTEP/McNair, Clarkson University

Abstract: Looking for a hands-on learning experience? Want to provide your students with expanded programming, resources, and networking opportunities? Join McNair

staff members who have been sharing and expanding their program opportunities for the past six years. Learn how the unique bond between a technically driven university and a liberal arts university has become an asset for both McNair scholar programs. Experience a portion of this group's program collaboration; talk through ways you can arrange "lunch with a goal," stretch your budget dollars, see a working model of these elements and consider how to replicate this for your TRiO program.

Audience: Directors

Planning for Partnership: Self-Evaluation as a Tool for Building Successful Collaboration

Presenters: Ms. Carmelita Brown-Wallace, Director of Upward Bound, Donna M Augustine, Director of Science & Technology Entry Program, Monroe Community College

Abstract: In establishing partnerships, you need to identify the resources and services that you have available to share as well as gaps in your program that could be improved through the relationship. Directors of Upward Bound and the Science & Technology Entry Program (STEP) at Monroe Community College did such an evaluation and built a successful collaboration. In this workshop they will share their outcomes and facilitate exercises through which you can evaluate your program to determine areas of give and take.

Audience: GEARUP, Educational Talent Search, Upward Bound Coordinators and Directors

Staying Digitally Connected with Your Students

Presenters: Mrs. Marty Wygmans, Director of TRiO Programs & Dr. Shanise Kent, Associate Director, McNair, Binghamton University

Abstract: Facebook, MySpace, LinkedIn, Twitter . . . you name it . . . your student likely has an account on it and likely spends most of their hours in any given day accessing the account. We all know the negative aspects of social networking, however you can turn online social networking into a positive for your program. Social networking websites can be used to effectively track students, provide informal counseling, disseminate important program information, and to monitor your program staff.

Audience: All

Speakers

Pre-Conference Day Two – *Monday, May 2, 2010 - 6:00p.m. - 7:30p.m.*

President's Reception Dr. Arnold Mitchem, President, Council of Opportunity in Education

Conference Day One – *Tuesday, May 4, 2010 - 8:30a.m. - 10:00a.m.*

Plenary Session I - Dr. Rebera Elliott Foston, Executive Director, Foston Institute of Holistic Training

TRiO Achievers Luncheon - *12:00p.m. - 1:30p.m.* - Dr. Napoleon Wells, Program Manager, Post-traumatic Stress Disorder Treatment Team and the Veterans Affairs Hospital in Montgomery, Alabama & Ronald E. McNair Post-baccalaureate Achievement Program Alumnus

Conference Day Two - *Wednesday, May 5, 2010 - 8:30a.m. - 10:00a.m.*

Plenary Session II - Dr. Linda Byrd-Johnson, Director, Federal TRiO Programs, Department of Education